

## Did You Know?



### Catholics don't worship Mary and the Saints!

Many Catholics are confused about the role of the Blessed Mother and the Saints. Should we pray to Mary and the Saints or should we go "right to the top" and pray to God?

In a nutshell, the Catholic Faith teaches that we must worship God alone. Mary and the Saints are to be honoured, not worshipped. However, their intercessions can be extremely powerful and emulating their virtues can put us on the road to Heaven.

- Gary Zimak

[www.catholicexchange.com](http://www.catholicexchange.com)



*Youth Alive!* meetings are held on Saturdays at 7:30 p.m. in the Pastoral Centre.

We have a monthly social on the last Saturday of each month. Bring a friend!

All youth aged 13 - 21 years are invited.

Topic for May 27th:

#### ***Developing Good Eating Habits***

Mrs. Kerry Weatherly, Nutritionist

### **YOUTH RALLY 2017!!**

St. Theresa's Catholic Church, Annotto Bay

Saturday, June 17<sup>th</sup>

9:30 a.m. to 4:30 p.m.

Registration: \$400 (\$800 to help another youth)

"The Mighty One has done great things for me, and holy is His Name" (Lk. 1:49)

Contact: Auntie Di (990-4260) or the Church Office

Next Youth Mass:

Saturday, July 29<sup>th</sup> at 6:00 p.m.

Remember food items for the wheelbarrow!

#### **AEC Youth Assembly 2018**

July 10-23, 2018, Martinique

#### **World Youth Day 2019**

January 22-27, 2019, Panama



### Learning, Loving & Living in Christ

Youth Alive! seeks to promote unity among the young people of Stella Maris Church, while encouraging growth in spirituality, community service, and strong, positive relationships.



## Stepping Out in Faith



**1. Surrender** - your burdens and yourself, allow God to use you.

**2. Make an effort** - pray more, try to be a better person, surround yourself with positive energy (quotes, activities, friends etc.). We are not perfect, but try. Also reflect daily.

**3. Trust God** - just BELIEVE!!! and READ the bible.

**4. Expect tribulations** - find strength and comfort in His words that reinforces that He is with you. There will be bad days but use that joy from within to keep going.

**5. Keep going and growing** - life will be a rollercoaster but KEEP seeking and loving. God has a plan for you.

Focus. Be patient. Be kind.

*M. Graham*

Jesus said them, "I am the bread of life; whosoever comes to me will never hunger, and whoever believes in me will never thirst. John 6:35



## Executive Team

- Ria-Elena Williams - President
- Alexandria Fatta - Vice President
- Zachary Murray - Secretary
- Gabrielle Chue-Edwards - Assistant Secretary
- Courteney Johnson
- Mikayla Graham
- Diane Tapper - Youth Advisor
- Christopher Henry - Church Council Representative

## Contact Us

Youth Alive!

Stella Maris Catholic Church  
62 Shortwood Road  
Kingston 8

Telephone: (876) 925-9520

Email: [stellamaris@cwjamaica.com](mailto:stellamaris@cwjamaica.com)

Website: [www.stellamarischurch.com](http://www.stellamarischurch.com)

