

WEDDING ANNIVERSARY AND BIRTHDAYS

Celebrate your special day with loved ones at church! If you have a birthday or wedding anniversary coming up, why not consider starting the week with a visit to church to celebrate Mass, and invite your family and friends to join you. Please let us know in advance so we can give you a warm Stella Maris welcome.

STATIONS OF THE CROSS

Stations of the Cross will be prayed every Friday during Lent, immediately following the 6:00pm Mass. Do make an effort to attend Mass and Stations of the Cross. The following Ministries have been asked to lead the Stations of the Cross:

Ministry	Date
Extraordinary Ministers of Holy Communion & Readers	Friday, March 13th
Altar Servers, Youth & Children's Faith Formation	Friday, March 20th
SVDP, Outreach, Prison (Male & Female) & Street Feeding	Friday, March 27th

LIFE IN THE SPIRIT SEMINAR

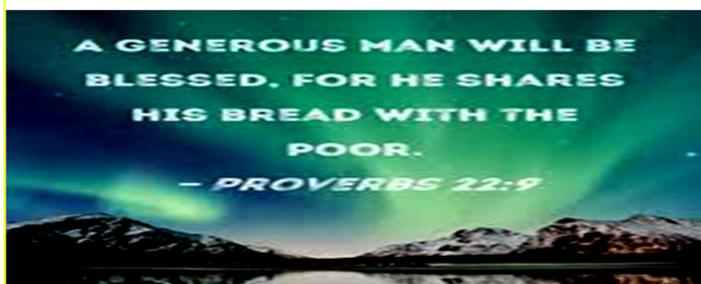
Stella Maris Church: Sunday, March 8 and all Sundays in March, from 4:00pm—6:00pm in the church. On Saturday March 21st from 8:00am—2:00pm in the classrooms. Registration will be online. link: <https://submit.jotform.com/250728305334049>. Please continue to make this a part of your Lenten journey.

THE CHILDREN'S FAITH FORMATION

Wishes to thank all who contributed to the Lenten Retreat for our children and guests from Grants Pen. Your support was greatly appreciated.

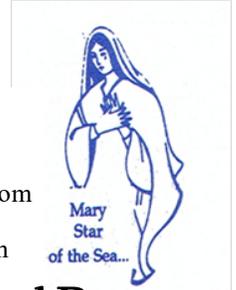
FOOD ITEMS

Remember to purchase non-perishable food items to support our Outreach Ministries and take with you to Mass on the weekend for the wheelbarrow. Do let it become a part of your weekly offering that helps to feed the needy in our community.



Stella Maris Church Community

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Like us: [stellamarischurchfacebook](https://www.facebook.com/stellamarischurchfacebook)
Website: www.stellamarischurch.com



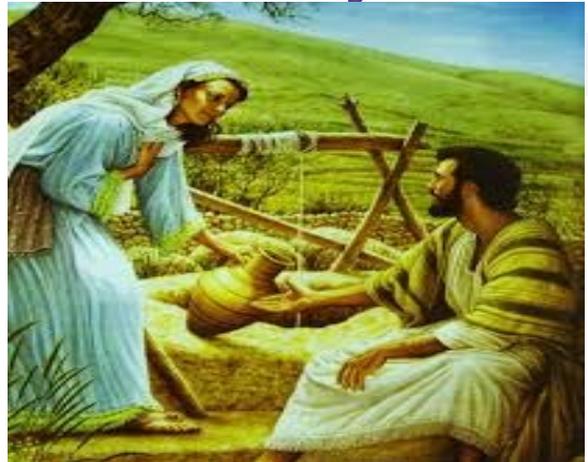
Pastor: Rev. Fr. Richard Brown
Associate Pastor: Fr. Jude Akagha
Deacon: Mark Hitchener

Church Council Chair : David DeMorasse
Finance Chairperson : Neville LynFatt

MASS TIMES: Sunday 7:00 a.m. and 9:00 a.m.
Tuesday – Saturday 6:00 p.m.

RECONCILIATION: Appointment/Announced

Third Sunday of Lent



First Scrutiny Year A - March 8, 2026

Today's Readings

1st Reading: Ex. 17:3-7
2nd Reading: Rom. 5:1-2, 5-8
Gospel Reading: Jn. 4:5-42



Response: *O that today you would listen to His voice, harden not your hearts*



Reflection

“Tormented by thirst, the people complained against Moses... ‘Why did you bring us out of Egypt?’”

The people in the desert grumbled in their thirst. And, if we are honest, so do we. We thirst for peace, for clarity, for love, for meaning — and when life feels dry, we question God.

In the Gospel, the Samaritan woman comes to the well at noon — the hottest time of day. Why at noon? Perhaps to avoid the other women. Perhaps to avoid the whispers. Perhaps to avoid being seen.

Where are the “noonday wells” in our lives? The places of embarrassment, regret, isolation, or quiet shame? The spaces where we would rather not meet anyone — especially not God? Yet it is precisely there that Jesus waits.

Jesus speaks first of his thirst. Beneath the request for water is a deeper longing — His thirst for her faith, her trust, her heart. But she hesitates. She deflects. She raises obstacles: no bucket, no proper well, the wrong place to worship.

But when Jesus reveals that He truly knows her story, everything changes. She realizes she is standing before someone who understands her completely — perhaps the One she has been thirsting for all her life.

Lent invites us to allow Jesus to reveal us to ourselves. The grace comes when we recognize how long we have been thirsty — and how patiently He has been waiting at the well.

In this beautiful and lively dialogue, Jesus gently leads the woman from misunderstanding to faith: from stranger, to prophet, to Messiah. It is a powerful reminder of His openness, His willingness to meet us where we are.

On these final Sundays of Lent before Palm Sunday, in Year A, the Church presents the great baptismal signs: living water, light for the blind, and life from the tomb. These Scrutinies prepare our catechumens for Baptism at Easter — and they prepare us, too, to renew our own baptismal promises.

Fr. Richard Brown



Happy Birthday



8th March
Joyce DeSousa ♦ Dalton Harrisingh ♦
Jazara McCarthy ♦ Jennifer Tame ♦

9th March
Damion Ayton ♦ Cherena Forbes ♦ Laura Wilson ♦
Jody Gray ♦ Gabriel Dabdoub ♦

10th March
Bradley Read ♦ John Sarju ♦ Sandra Collings ♦

11th March
Amanda McGhie ♦ Danielle Davis ♦

12th March
Carmela Azan ♦ Alexander Chin ♦ Kennedy Daley ♦
Eleanor Grant ♦ Charmaine Shand ♦

13th March
Theresa Chin ♦ Sydney Degnan ♦ Matthew Kim ♦
Sonia Taylor-Griffiths ♦ Marjorie Madden ♦

14th March
Allan Chen ♦ Giana Ferguson ♦ Josef Zitzlsperger ♦
Gillian Steele ♦ Orville Green ♦



8th March ❖ George & Ingrid Anderson



STELLA MARIS ROSARY GROUP

FISH FRY FUNDRAISER

The Stella Maris Rosary Group will be having a Fish Fry Fundraiser on Friday, March 20, 2026 from 11:30 am to 3:00 pm. Fry Fish—\$3,500.00
Steam Fish—\$3,800.00. Lobster—\$3,800.00.

Pick up only at the Pastoral Centre.

This will be in aid of building a Grotto in honour of Our Blessed Mother on the church compound. Place your orders with any member of the Rosary Group. Looking forward to your support